

TURBO LEADER I & II

GRADE:
6 - 8

LENGTH:
34 Lessons;
17 per course

STANDARDS:
National Standards (Health); Common Core
(ELA & Math); ASCA; CASEL

COURSE DESCRIPTION

As students enter middle school, they need a new set of skills because they face more autonomy, more responsibility, and greater social pressure than before. In the Turbo Leader I course, students learn how to build confidence, boost academic achievement, and manage complex interpersonal relationships. By the end of the course, students will have mastered dozens of proven strategies for promoting growth, solving challenges, and achieving their goals.

Turbo Leader II, which is the second course in this middle school series, equips students with tools that boost their skills and personal voice, which ultimately leads to building confidence, creating healthy coping mechanisms, and finding lifelong passions. Through applying these powerful skills, students can make meaningful differences in their schools and communities.

COURSE USES

This course may be used as a credit-bearing course, as a supplement to an existing course, during summer school, as part of an after-school program, or as part of an athletic program.

88% OF STUDENTS WHO COMPLETED A TURBO LEADER COURSE SAID THAT THE COURSE HELPED THEM FEEL MORE PREPARED FOR TOUGHER CLASSES IN HIGH SCHOOL

KEY COURSE CONCEPTS

- ✓ Building confidence and the SEL skills to succeed
- ✓ Establishing a growth mindset
- ✓ Effectively managing time, setting goals, and studying
- ✓ Creating strong friendships, based on mutual respect



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