

COMPETENCY: SKILL

BOOST YOUR SKILLS!

M MEASURABLE
A ATTAINABLE
D DEADLINE-DRIVEN

WHAT IS THE SKILL COMPETENCY?

Students with strong skills know and use SEL strategies and tools to continuously learn and grow.

KEY TURBO TOOL: MAD GOALS

STUDENT SUCCESS INDICATORS

- ✓ Appropriately handling personal and academic stress
- ✓ Setting mastery-level goals for success
- ✓ Making healthy, strong, and productive choices

RESEARCH SUMMARY

In Mawi Learning's framework, Skill is characterized primarily by evidence of constant and incremental movement toward increasingly challenging goals.

By defining skill as one's ability to focus on application and continual growth, rather than reaching single benchmarks, Mawi Learning takes a process-based and context-specific approach to skill-building.

Building skill through goal-setting, like most social-emotional strategies, requires direct instruction in best practices, as some educators tend to overestimate the ability of their students to set goals (Moeller, Theiler, & Wu, 2012). When students are encouraged to set appropriate goals, they tend to increase their self-efficacy, academic achievement, and academic interest (Zimmerman, Bandura, & Martinez-Pons, 1992).

Successful goals must be student-directed, specific, measurable, and challenging – and they must focus on developing mastery of a skill, rather than mere performance. Specific skills vary depending on individual student context – e.g., learning English for ELLs, coping mechanisms for students facing stress, or tools for transitioning to high school — but the foundational push toward applicable growth and goal-setting remains consistent.

SUGGESTED BIBLIOGRAPHY

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