The Turbo Button

**What is it:** A button inside your head and heart. You press it any time you take action to improve your life.

**Why it matters:** If you don’t press your Turbo Button, life’s circumstances will determine what happens to you. When you press your Turbo button, you choose how you will react and you take actions to make your life better.

The Growth Circles

**What is it:** The Can Do Circle represents all the things you can do. The Not Yet Circle represents all the thing you cannot yet do.

**Why it matters:** The Growth Circles reveals what success and failure really look like. Success is any time you take action to grow your Can Do circle – even if you don’t reach your goal. Failure is when you do nothing to expand your Can Do Circle.

The Judge and The Explorer

**What is it:** The Judge uses a fixed mindset. He plays it safe so that he never looks dumb. The Explorer uses a growth mindset. She loves a challenge and is not afraid to try something she can’t do yet.

**Why it matters:** Listening to your Judge voice can keep you trapped in your Can Do Circle. Listening to your Explorer voice can encourage you to take risks so you can attack the things you can’t do yet.
**Brain Surge**

**What it is:** Every time you challenge your brain to learn something new, you are physically changing your brain into a more powerful brain.

**Why it matters:** Don’t just study the same things over and over. Push yourself to study what you don’t know and you will build new neural pathways that make your brain faster.

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**ACE**

**What it is:** The ACE method will help you prepare for any kind of a test. By Asking questions about your tests, Challenging yourself to study what you don’t know and Elevating on test day, you will set yourself up for success.

**Why it matters:** You will have to take many tests in your life. Learning how to be achieve on tests will help you in school and with your career.

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**Critical Thinking Wheel**

**What it is:** Critical Thinking is seeing the world in 3D instead of 2D. See beyond assumptions. Draw inferences based on the facts you have gathered. When you share your views, address counterarguments.

**Why it matters:** Seeing the world in 3D gives you the power to see more and do more. You will have more success in school and in your career.